



Colour Your Life

To Harmonise with the Universal Aura

Outline:

In this interactive workshop you'll explore many aspects of colour & learn how to use colour to improve you HEALTH and WELLBEING

What is Colour?

Colour is the visual property the human eye perceives when detecting the visible spectrum of light. It is a function of the human visual system, and is not an intrinsic property. Objects don't "have" colour, they give off light that "appears" to be a colour. Spectral power distributions exist in the physical world, but colour exists only in the mind of the beholder. <http://physics.info/color/>

Learn about:

- ***The Power of Colour***
- ***How Colour Influences Your Health & Wellbeing***
- ***Colours in Astrology***
- ***The Colour of the Chakras***
- ***Your Soul Colour & Soul Colour Meditation***

This workshop is run regularly for dates and details call me on P: 0403 229 521

Thank you for your interest, I look forward to supporting you in achieving a greater sense of wellbeing.

Regards, Amanda

Amanda Carlton
Wellbeing Consultant
SRIANDA
P: 0403 229 521
www.srianda.com.au



SRIANDA
supporting your wellbeing